



Australia Government
Department of Health and Ageing
Therapeutic Goods Administration

Australian TGA (Therapeutic Goods Administration) Claims for Agel Products MIN, OHM, FIT and EXO

Agel MIN - TGA Listing Number L 135808

Coded Indications:

- Source of folic acid. Can assist in maintaining normal blood.
- Source of folic acid. Can assist in maintaining normal blood. Blood tonic.
- Provides a daily dose of 400-500mcg of folic acid or folate. Contains folic acid which - if taken daily for one month before conception and during pregnancy - may reduce the risk of women having a child with birth defects of the brain and/or spinal chord such as the neural tube defects known as spina bifida and anencephaly.
- Provides a daily dose of 400-500mcg of folic acid or folate. Contains folic acid which - if taken daily for one month before conception and during pregnancy - may reduce the risk of having a child with spina bifida/neural tube defects.
- May assist in the management of dietary folate deficiency.
- Source of calcium. Adequate dietary calcium in our youth and throughout life is required to maximise bone.
- Source of calcium. A diet deficient in calcium can lead to osteoporosis in later life.
- Vitamin D helps calcium absorption (or words of like intent) and a diet deficient in calcium can lead to osteoporosis in later life
- Prevention/treatment of vitamin and/or mineral and/or nutritional deficiencies (This indication is not be to used for the treatment of iron deficiency conditions).

Custom Indication:

Agel™ MIN is a formulation of your daily vitamins and minerals, not too much and not too little. It provides 100% of the recommended daily intake (RDI) of most essential vitamins and as much as 50% of the RDI of most essential minerals. Vitamins and minerals function as coenzymes and cofactors involved in nearly all biochemical processes in the body, every day. In essence, vitamins and minerals are crucial to healthy living. With Agel's suspension gel technology, these vitamins and minerals may be more readily available for absorption and digestion. Vitamins and Minerals are essential tools in everyday human physiology. They function as coenzymes and cofactors that are involved in almost all biochemical processes in the body. In essence, vitamins and minerals are crucial to healthy living. Before the days of "fast food" and "empty" calories, these vitamins and minerals were found naturally in our food. However, in modern days, as the average diet consists mostly of processed, manufactured food, there is overwhelming scientific evidence to support the intake of dietary supplements that are rich in vitamins and minerals. Agel MIN is a proprietary formulation of vitamins and minerals that provides 100% of the RDI (Recommended Daily Intake) of almost all the essential vitamins and as much as 50% of the RDI of most of the essential minerals. More importantly, the bioavailability of these vitamins and minerals is enhanced due to the revolutionary gel technology employed in the MIN formulation. The vitamins and minerals are either dissolved or suspended in the gel, resulting in immediate availability for absorption by the digestive tract. There are some who advocate using mega doses of various vitamins, presuming that if some is good, more is better. However, there is growing scientific evidence that too much of a good thing can be harmful. Therefore, Agel's formulation for a moderate dose of readily available vitamins and minerals is ideal.

Agel OHM - TGA Listing Number L 137271

Coded Indication:

- Aids - assists or helps in the maintenance of general well-being

Custom Indication:

Panax ginseng is used as a so-called "adaptogen" for increasing resistance to environmental stress and as a general tonic for improving well-being. Schisandra is used as an adaptogen for increasing resistance to minor diseases and stress, increasing energy, and increasing physical performance and endurance. Agel™ OHM's schizandra and panax ginseng help increase your resistance against stressful influences and it may help to enhance your body's performance and mental focus, as well as reduce physical recovery time. Agel OHM, is a blend of micronutrients and herbs that complements a proper diet and regular exercise to support the body by providing the "extra energy" required to meet everyday demands. It does not rely upon stimulants like caffeine. Rather, it looks to a B-complex vitamin-based formula that acts as a coenzyme to facilitate the body's own metabolic processes required to convert carbohydrates into energy. Panax Ginseng is included, a strong antioxidant helping the body to resist stressful influences. Panax Ginseng has also been associated with beneficial effects on motor performance, cognitive behavior and overall Quality of Life. Schizandra, grown in China and Korea is another premium herb found in OHM, used historically and today to help improve concentration, strength, stamina, endurance, and alertness, without causing nervousness like caffeine related stimulants.

Agel FIT - TGA Listing Number L 35816

Coded Indication:

- May aid or assist weight loss by suppression of appetite in conjunction with (or as part of) a kilojoule/calorie controlled eating plan.

Custom Indication:

HCA's primary function is to inhibit the body from storing unused carbohydrates. When we eat more than we burn on a day-to-day basis, the extra carbs get stored as fat. HCA inhibits the storage of those extra carbs. HCA also effectively increases the body's ability to burn what it has already stored. And an added bonus: it has a mild appetite-suppressing effect. HCA comes from the extract of the fruit and rind of *Garcinia combogia*, and it has been shown in clinical trials to decrease body weight by reducing appetite and inhibiting fat synthesis without stimulating the central nervous system. There are other products on the market that use HCA for weight management, but not all of them contain the complex. What makes this form of HCA so good is that it is bound to calcium and potassium, which maximizes its solubility, thereby, increasing its bioavailability. HCA reduces appetite and decreases body weight, while increasing levels of serotonin, a vital neurotransmitter involved with appetite, sleep and mood.

HCA has been proven in clinical trials to:

- reduce fat stores
- enhance fat burning
- reduce appetite
- help maintain normal cholesterol levels.

Although nothing can replace a healthy diet and regular physical activity, Agel FIT will be an excellent addition to a successful weight management program.

Agel EXO - TGA Listing Number L 137272

Coded Indication:

- Aids - assists or helps in the maintenance of general well-being

Custom Indication:

EXO provides you with a wide spectrum of natural antioxidants sourced from berries and other plant parts. Anti-oxidants are nutrients which decrease the risk of cell damage attributed to free radicals. Free radical scavenger. Antioxidants can be complementary to normal metabolism and protect cells against oxidative stress. The antioxidants in EXO possess powerful free radical scavenging properties.